**Emma Anderson-White**

Sam Houston State University

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**EDUCATION**

**Candidate Doctor of Philosophy (Clinical Psychology)**

Sam Houston State University

*Dissertation:* Impact of Relationship Quality and Recovery Attitudes on Medication-Assisted Treatment for Opioid Use Among Emerging Adults (Proposed: May 2022)

*Advisor:* Craig Henderson, Ph.D.

**Aug 2020 Master of Arts (Clinical Psychology)**

Sam Houston State University

*Thesis:* Motivation for Treatment Engagement in a Methadone Maintenance Treatment Program from a Self-Determination Theory Framework

*Advisor:* Craig Henderson, Ph.D.

**Dec 2017 Bachelor of Arts (Psychology and Rehabilitation Studies)**

 *Summa Cum Laude*

University of North Texas

*Honors Thesis:* Attachment Styles, Coping Strategies, and Drinking Behaviors of College Students

*Advisor:* D.C. Wang, Ph.D.

**STUDENT CLINICAL EXPERIENCE**

**June 2022—Present Montgomery County Juvenile Probation** – Conroe, TX

Student Evaluator

 *Population:* Justice-involved, ethnically diverse adolescents detained at the Montgomery County Detention Center and in the community while on probation or pre-adjudication

 *Responsibilities:*

* Conduct court-ordered and probation-referred psychodiagnostic assessments
* Complete semi-structured interviews with minors involved in the criminal justice system and their legal guardians
* Collaborate with Spanish interpreters to conduct interview of monolingual Spanish-speaking guardians/parents
* Review collateral information (i.e., education records, psychiatric records, probation supervision reports, etc.)
* Administer, score, and interpret measures assessing cognitive abilities, academic achievement, psychopathology, and personality
* Author integrated reports of clinical findings and recommendations to assist the court in placement and supervision settings

 *Supervisors:* Craig Henderson, Ph.D.

**Aug 2021—Present Team Forensic Services** – Huntsville, TX

 Student Clinician/Co-Therapist

*Population:* Primarily low-income, rural, ethnically diverse adult males on probation or parole for sexual offenses

*Responsibilities:*

* Co-facilitate mandated, evidence-based manualized group treatment with a Licensed Sex Offender Treatment Provider/Licensed Psychologist
* Provide individual, combined psychotherapy for a client with mental health concerns interfering with group cohesion

*Supervisor:* Holly Miller, Ph.D., LSOTP

**June 2021—May 2022 Harris County Psychiatric Center**

The University of Texas Health Science Center – Houston, TX

Student Clinician

*Population:* Ethnically and diagnostically diverse, urban adults receiving inpatient psychiatric care, hospitalized for voluntary or involuntary commitment and competency restoration

*Responsibilities:*

* Provide brief, evidence-based individual psychotherapy to patients during acute hospitalizations
* Lead group psychotherapy (CBT for Psychosis, Metacognitive Therapy, Illness Management & Recovery) for patients enrolled in the Early Onset Treatment Program (EOTP) for psychosis
* Provide individual psychotherapy for three patients enrolled in EOTP for up to 20 sessions
* Conduct assessments for the purpose of differential diagnosis, cognitive screening, and response-style
* Author integrated reports to communicate diagnostic findings and recommendations to psychiatric staff
* Shadow supervisors conducting competency screening assessments and providing feedback to psychiatrists

*Supervisors:* Alia Warner, Ph.D., ABPP, Elaheh Ashtari, Psy.D.

**Sept 2020—May 2021 Montgomery County Jail** – Conroe, TX

 Student Clinician

*Population:* Ethnically diverse adults incarcerated pre-adjudication, including veterans, individuals charged with sexual offenses, and females

*Responsibilities:*

* Provide brief interventions to inmates in acute distress
* Lead weekly group psychotherapy for justice-involved veterans and other classification levels of security focused on a variety of topics
* Select long-term psychotherapy clients and maintain a caseload of three inmates, providing evidence-based treatment (Cognitive Processing Therapy [CPT], Anger Management, Dialectical Behavioral Therapy [DBT])
* Conduct clinical interviews to assess symptomology
* Refer inmates to psychiatric services as needed

*Supervisor:* Darryl Johnson, Ph.D.

**Oct 2020—Nov 2020 Walker County Adult Probation** – Huntsville, TX

 Student Evaluator

*Population:* Ethnically diverse adults with substance use or mental health concerns on probation for felony and misdemeanor charges in rural counties

*Responsibilities:*

* Conduct substance use evaluations using the Addiction Severity Index and a semi-structured clinical interview
* Author reports with diagnoses and recommendations for therapy services

*Supervisor:* Darryl Johnson, Ph.D.

**Oct 2019—Present Psychological Services Center**

Sam Houston State University – Huntsville, TX

 Student Forensic Evaluator

*Population:* Diverse adults and adolescents involved in the criminal justice system in multiple rural counties with mental health concerns

*Responsibilities:*

* Assess and interview defendants for competency to stand trial, mental status at the time of the offense, and treatment placement (juvenile) evaluations under the supervision of licensed psychologists
* Conduct forensic evaluations in jails, outpatient clinics, and remotely via videoconferencing technology
* Write court-ordered or ex parte reports and opine on competency, mental status at the time of the offense, and treatment placement
* Examine collateral records for forensic cases

*Supervisors:* Mary Alice Conroy, Ph.D., ABPP, Darryl Johnson, Ph.D., Wendy Elliott, Ph.D., ABPP

**Aug 2019—Present Psychological Services Center**

Sam Houston State University – Huntsville, TX

 Student Clinician

*Population:* Low-income, rural population of adults with diagnoses including serious mental illness, substance use history, mood disorders, personality disorders, adjustment and academic stress

*Responsibilities:*

* Facilitate adult individual, evidence-based psychotherapy (DBT, CPT, Prolonged Exposure, CBT, ACT, Motivational Interviewing)
* Complete clinical intakes and develop subsequent treatment plans
* Conduct psychodiagnostic and psychoeducational assessments
* Author integrated reports including diagnoses and treatment recommendations
* Transition to teletherapy services following onset of the COVID-19 pandemic

*Supervisors:* Craig Henderson, Ph.D., Darryl Johnson, Ph.D., Chelsea Ratcliff, Ph.D., Laura Drislane, Ph.D., Jared Ruchensky, Ph.D., Jorge Varela, Ph.D.

**SUPERVISORY EXPERIENCE**

**Aug 2020—May 2021; Peer Supervisor**

**Aug 2022—Present** *Capstone Practicum (PSYC 8382)*

 Sam Houston State University

 *Supervisor:* Craig Henderson, Ph.D., Tiffany Russell, Ph.D.

* Co-facilitate supervision sessions of second-year doctoral students with licensed psychologist
* Review therapy session videos with supervisee and provide feedback on clinical documentation, case materials, and psychodiagnostic reports
* Provide live supervision of teletherapy sessions
* Review and provide feedback on materials for the Capstone comprehensive exam

**June 2020—Aug 2020; Peer Supervisor**

**June 2022—Aug 2022** *Introduction to Doctoral Practicum (PSYC 8381)*

Sam Houston State University

 *Supervisor:* Mary Alice Conroy, Ph.D., ABPP

* Co-facilitate supervision sessions of first-year doctoral students with clinical director
* Review mock therapy session videos with supervisees
* Provide feedback on basic counseling skills

**TEACHING EXPERIENCE**

**April 2022 Invited Speaker – Mindfulness and Stress Reduction**

*Black Employee Resource Group (BERG) Faculty and Staff Development*

 Sam Houston State University

 *Supervisor:* Laura Drislane, Ph.D.

* Create evidence-based presentation on stress-reduction strategies
* Present information on mindfulness and stress in an engaging manner via Zoom

**Aug 2021—May 2022 Graduate Teaching Assistant**

 *Capstone Practicum (PSYC 8382)*

 Sam Houston State University

 *Supervisor:* Craig Henderson, Ph.D.

* Assist the professor in demonstrating therapeutic techniques, arranging presentations, and other administrative duties
* Supervise administration and scoring of intelligence and achievement measures to ensure student competence upon course completion in preparation for further clinical training
* Create clinical vignettes for student case conceptualization and treatment planning practice
* Provide feedback on student case presentations

**June 2021 Invited Speaker – Sensitivity Training**

 Conroe ISD Police Department

 *Supervisor:* Darryl Johnson, Ph.D.

* Create training curriculum focused on topics including implicit bias, in-group/out-group bias, preventing compassion fatigue, attitudinal change, and normative social influence
* Present information to CISD officers with interactive materials and scenarios

**RESEARCH EXPERIENCE**

**Aug 2018—Present Graduate Research Assistant**

*Diversity and Health Behaviors Lab*

Sam Houston State University

 *Supervisor:* Craig Henderson, Ph.D.

* Oversee two longitudinal research studies using pedometer technology
* Provide participant orientation sessions
* Clean and analyze longitudinal databases
* Train and manage undergraduate research assistants
* Receive funding via $275,000 NIAAA Grant (R21 AA026380) - *Informing Prevention by Modeling Associations Between Physical Activity and Alcohol Consumption*

**Aug 2015—Aug 2018 Undergraduate Research Assistant**

*Cross-Cultural Attachment Research Lab*

 University of North Texas

 *Supervisor:* D.C. Wang, Ph.D.

* Conduct structured interviews of children of immigrant parents
* Transcribe interviews to obtain qualitative data
* Collect survey data
* Develop and maintain SPSS databases
* Perform Consensual Qualitative Research (CQR) methods

**Oct 2015—Dec 2017 Undergraduate Research Assistant**

*Motivational Science Lab*

 University of North Texas

 *Supervisor:* Rex Wright, Ph.D.

* Collect data via survey and task administration
* Biomonitoring of blood pressure, heart rate, and EKG

**PEER-REVIEWED CONFERENCE PRESENTATIONS**

Krembuszewski, B., **Anderson-White, E.,** Henderson, C. E. (2022, March). *How Race and Sex Affect Criminal Justice Involvement and Treatment Outcomes for Individuals with Opioid Use Disorder* [Poster presentation]. Presented at the annual convention of the American Psychology-Law Society, Denver, CO.

**Anderson-White, E.,** Krembuszewski, B., Henderson, C. E. (2021, August). *Comparisons of Treatment Attendance and Substance Use in Methadone Maintenance Treatment Sample* [Poster presentation]. Presented at the annual convention of the American Psychological Association, virtual.

Krembuszewski, B., **Anderson-White, E.,** & Henderson, C. E. (2021, August). *The impact of criminal justice involvement on outcomes of outpatient methadone treatment* [Poster presentation]. Presented at the annual convention of the American Psychological Association, virtual.

**Anderson-White, E.**, Sze, Cody, & Krembuszewski, B., (2021, February). *Deaf Culture and Identity Development* [Workshop presentation]. Presented at the Diversity Leadership Conference at Sam Houston State University, Huntsville, TX.

Krembuszewski, B., ​Hillegass, C., & **Anderson-White, E.** (2021, February). *Environmental and mental health concerns for Native Americans and Indigenous people* [Workshop presentation]. Presented at the Diversity Leadership Conference at Sam Houston State University, Huntsville, TX.

Craig Henderson, C., Young, C. M., Christensen, M., **Anderson-White, E.**, Sze, C., Najjar, L., Leasure, J. L., & Neighbors, C. (2020, November). A latent class analysis of correlates of college student alcohol use and physical activity group membership. In J. Holt (Chair), *Evidence-Based Interventions for College Student Health Behaviors: Improving Buy-In and Navigating Barriers to Implementation* [Symposium]. Presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

**Anderson-White, E.**, Krembuszewski, B., Henderson, C. E. (2020, August). *Motivation in a Methadone Maintenance Treatment Program from a Self-Determination Theory Framework* [Poster presentation]. Presented at the annual convention of the American Psychological Association, virtual.

Krembuszewski, B., **Anderson-White, E.**, Henderson, C. E., Sze, C. (2020, August). *Positive Psychology as a Protective Factor for Illicit Opiate Use in Individuals Receiving Methadone Treatment* [Poster presentation]. Presented at the annual convention of the American Psychological Association, virtual.

Krembuszewski, B., **Anderson-White, E.**, Henderson, C., Lewis, K., Ryan, L., Sze, C., & Trinka, M. (2020, February). *Affirmative action: Are we solving or creating a problem?* [Workshop presentation]. Presented at the Diversity Leadership Conference at Sam Houston State University, Huntsville, TX.

Henderson, C. E., Salami, T., **Anderson-White, E.,** Boland, G., Krembuszewski, B., Bailey, C., & Harmon, J. (2019, October). *Working with Religiously Diverse Clients* [Workshop presentation]. Presented at the annual convention of the Texas Psychological Association, San Antonio, TX.

Henderson, C. E., **Anderson-White, E.**, Frampton, A., Mollenkopf, K., Smith, T., Krembuszewski, B., Stallard, C., Duane, C., Crosby, J., & Henderson, S. (2019, August). *Daily Variation in Spiritual Experiences and Relation with Life Satisfaction among Emerging Adults* [Poster presentation]. Presented at the annual convention of the American Psychological Association, Chicago, IL.

Ricardo, M. M., Henderson, C. E., **Anderson-White, E.**,Christensen, M. R., Krembuszewski, B. & Kurus, S. J. (2019, August). *Assumptions of Defendant Identity at the Intersection of Crime and Substance Use* [Poster presentation]. Presented at the annual convention of the American Psychological Association, Chicago, IL.

Krembuszewski, B., **Anderson-White, E.**, Boland, G., Blossom, L., Walker, M., & Henderson, C. (2019, February). *Inclusion, Acceptance, and Bumps Along the Road* [Workshop presentation]. Presented at the Diversity Leadership Conference at Sam Houston State University, Huntsville, TX.

**Anderson, E.A.**, Jin, L., & Wang, D.C. (2018, April). *Attachment Styles, Coping Strategies, and Drinking Behaviors of College Students* [Poster presentation]. Presented at the annual convention of Southwestern Psychological Association, Houston, TX.

**Anderson, E. A.**, Jin, L., Lin, Y.H., Yu, M.H., & Wang, D.C. (2017, November). *Attachment and Death Attitudes: A Cross-Cultural Comparison Examination* [Poster presentation]. Presented at the annual Psychology Department Research Fair, Denton, TX.

**Anderson, E. A.**, Jin, L., Lin, Y.H., Yu, M.H., & Wang, D.C. (2017, January). *Attachment and Death Attitudes: A Cross-Cultural Comparison Examination* [Paper presentation]. Presented at the annual convention of American Association of Behavioral and Social Sciences, Las Vegas, NV.

**Anderson, E. A.**, Khan, A., & Wang, D.C. (2016, April). *Social Support on Adult Attachment-Death Anxiety Relationship: Mediator or Moderator?* [Poster presentation]. Presented at the annual convention of Southwestern Psychological Association, Dallas, TX.

**Anderson, E. A.** & Major, R. (2015, April). *Methamphetamine and Exercise in Rats* [Poster presentation]. Presented at the annual Scholars’ Day, Denton, TX.

**PUBLICATIONS**

Wang, D.C., **Anderson-White, E.**, & Jin, L. (2022). Adult Attachment, Maladaptive Coping, Alcohol Consumption, and Drinking-Related Problems. *Counselling Psychology Quarterly, 35*(1), 43-60, https://doi.org/10.1080/09515070.2021.1977914

Christensen, M., **Anderson-White, E**., Ryan, L., Ricardo, M., Krembuszewski, B.A., Sze, C., & Henderson, C. E. Substance use disorders. In Venta, A., Sharp, C., Fonagy, P., & Fletcher, J. (Eds.). *Developmental Psychopathology*. (pp. 279-310) Hoboken, NJ: Wiley-Blackwell. https://doi.org/10.1002/9781118686089.ch11

**MANUSCRIPTS IN PREPARATION/UNDER REVIEW**

Henderson, C.E., **Anderson-White, E.**, Gebhardt, C.S., Krembuszewski, B., Mollenkopf, K.,

Crosby, J., Henderson, S.E., Smith, T., & Frampton, A. *Daily variation in religious behavior, spiritual experiences, alcohol use, and life satisfaction among emerging adults* [Manuscript under review]. Department of Psychology and Philosophy, Sam Houston State University.

**Anderson-White, E.**, Krembuszewski, B., Henderson, C. E., White, S., & Ratcliff, C. *Motivation in a Methadone Maintenance Treatment Program from a Self-Determination Theory Framework* [Manuscript in preparation]. Department of Psychology and Philosophy, Sam Houston State University

Krembuszewski, B., **Anderson-White, E.**, Henderson, C.E., White, S., & Langley, H. *Positive psychology as a protective factor for illicit opioid use in individuals receiving methadone treatment* [Manuscript in preparation]. Department of Psychology and Philosophy, Sam Houston State University.

**HONORS, AWARDS, & SCHOLARSHIPS**

**June 2021 R13 Travel Award**

National Institute on Drug Abuse

 *Awarded by:* Bettina Hoepnner, Ph.D.

 $750

**Aug 2020; March 2022 Graduate Student Travel Award**

Sam Houston State University

 $1,000

**Nov 2019** **Sam Houston Area Psychological Association Travel Award**

 $50

**Dec 2017 Distinguished Honors College Scholar Award**

University of North Texas

**2014—2017 President’s List**

 University of North Texas

**2014—2017 Excellence Scholarship I**

 University of North Texas

 $32,000

**Dec 2014 Outstanding Psi Chi Member**

 University of North Texas

**PROFESSIONAL DEVELOPMENT**

**2022 *Advanced Topics in Child Forensic Interview Cases***

David Thompson, Ph.D., ABPP

**2022 *Culturally Responsive PTSD Care 101: The Role of Case Formulation***

U.S. Department of Veterans Affairs

**2022 *Treating PTSD When Clinicians Have Negative Reactions to Patients’ Sociocultural Views***

U.S. Department of Veterans Affairs

**2022 *Examining Opioid Use Disorder Through the Lens of Recovery***

Laura Hoffman, Ph.D.

**2022—2021 *Weekly Psychiatry Grand Rounds***

Various invited guest speakers

**2021 *The Importance of Racial Identity in Forensic Mental Health Assessment***

Kirk Heilbrun, Ph.D.

**2021 *Advancing Treatment for Methamphetamine Addiction***

Nora Volkow, M.D., Steve Shoptaw, Ph.D., David Gastfriend, M.D., Charles O’Keefe, MBA

**2021 *When Suicide Occurs in a System***

Thomas Joiner, Ph.D.

**2021 *Beyond Validity: The Quest for Justice in Violence Risk Assessment***

Stephen Hart, Ph.D.

**2021 *PTSD 101: Prolonged Exposure Therapy***

 U.S. Department of Veterans Affairs

**2020 *PTSD 202: Skills Training in Affective and Interpersonal Regulation (STAIR)***

U.S. Department of Veterans Affairs

**2020** ***Telepsychology Best Practices 101: Legal, Regulatory & Ethical Rules of the Road***

 Marlene M. Maheu, Ph.D.

**2020** ***Kahler v. Kansas:* *Implications for the Insanity Defense***

 Ira Packer, Ph.D., ABPP

**2019—2020 *Monthly Supervision Seminar***

Mary Alice Conroy, Ph.D., ABPP

**2019 *Client Suicide***

Elise Yenne, M.A., Jessi Hart, M.A., Katherine Shrantz, M.A., Wendy Elliott, Ph.D., ABPP, Darryl Johnson, Ph.D.

**2019** ***Private Practice in Psychology***

Rebecca Hamlin, Ph.D.

**2019** ***Overview of the Rorschach Inkblot Test and R-PAS Scoring***

Jaime Anderson, Ph.D.

**2018** ***Haven Diversity LGBTQ+ Advocate Training***

Michelle Stone, Psy.D.

**2018 *Cross-Cultural Variations in Adult Attachment***

 D.C. Wang, Ph.D.

**PROFESSIONAL MEMBERSHIPS**

**2022** Association for Behavioral and Cognitive Therapies

**2021** Clinical Psychology Program Diversity Committee

**2021** APA Division 41: American Psychology—Law Society

**2019** APA Division 50: Addiction Psychology

**2019** APA Association of Graduate Students

**2019** American Psychological Association

**2019** Sam Houston Area Psychological Association

**2018** Texas Psychological Association

**2015** Southwestern Psychological Association

**2014** Psi Chi Honor Society in Psychology

**LEADERSHIP EXPERIENCE**

**Aug 2022—Present Secretary**

*Program Diversity Committee*

 Sam Houston State University

**Sept 2021—Aug 2022 Newsletter Content Curator**

*Program Diversity Committee*

 Sam Houston State University

**2016—2017 President**

 *Psi Chi Honor Society in Psychology*

 University of North Texas

**2015—2016 Vice President**

 *Psi Chi Honor Society in Psychology*

 University of North Texas

**2014 Vice President of Fundraising**

 *Psi Chi Honor Society in Psychology*

 University of North Texas

**RESEARCH INTERESTS**

* Substance use disorders
* Empirically-supported substance use treatments
* Motivation
* Incarcerated populations
* Diversity and multiculturalism